

# **ASSOCIATE DEGREE NURSING PROGRAM**

## **NUR 135 ADULT NURSING I**

### **COURSE SYLLABUS 2007**

**MAYLAND COMMUNITY COLLEGE  
P. O. BOX 547  
SPRUCE PINE, NC 28777**

The information including class, lab, and clinical requirements, contained in the course documents for NUR 135 are subject to change in the event of extenuating circumstances. Students will be informed of these changes. Students will be responsible both for notices posted on the ADN Program bulletin board by Rooms 204/205, for notices of changes given in class, and on LEO.

The student is accountable/responsible for knowledge from previous and concurrent courses in the curriculum.

Rev. 12/5/06

NUR 135  
ADULT NURSING I

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**MAYLAND COMMUNITY COLLEGE  
ASSOCIATE DEGREE NURSING PROGRAM  
NUR 135 - ADULT NURSING I**

**SECTION I: COURSE DESCRIPTION**

This course introduces concepts related to the nursing care of individuals experiencing acute and chronic alterations in health. Emphasis is placed on utilizing the nursing process as a framework for providing and managing nursing care to individuals along the wellness-illness continuum. Upon completion, students should be able to apply the nursing process to individuals experiencing acute and chronic alterations in health.

**SECTION II: COURSE CREDIT AND PLACEMENT INFORMATION**

Adult Nursing I is in the spring semester of the first year of the program. The course includes five (5) credit hours of class (80 contact hours), one (1) credit hour of skills lab (48 contact hours), and three (3) credit hours of clinical (144 contact hours).

Prerequisites to Adult Nursing I are NUR 115 (Fundamentals of Nursing) and NUR 116 (Nursing of Older Adults).

Co-requisites to Adult Nursing I are BIO 166 (Anatomy and Physiology II), CIS 113 (Computer Basics), NUR 117 (Pharmacology), and NUR 133 (Nursing Assessment).

**SECTION III: COURSE OUTCOMES**

**Theory Objectives**

The student will with beginning competence

1. Describe the use of the nursing process to administer nursing care to adult individuals with common acute and chronic alterations in health related to
  - A. Surgical conditions
  - B. Fluid and electrolyte balance
  - C. Immune response/protection/hematological functions
  - D. Oxygen and carbon-dioxide exchange
  - E. Cardiovascular status/peripheral vascular status
  - F. Endocrine functions
  - G. Neurological and musculoskeletal functions
  - H. Renal and urinary functions
2. Discuss human needs as a framework for prioritizing nursing care for adult individuals with common acute and chronic alterations in health
3. Describe effective communication related to use of the nursing process in providing care.
4. Explain management principles utilized in organizing care for one or two adult individuals with common acute and chronic alterations in health.
5. Discuss legal, ethical and professional standards related to care of adult individuals with common acute and chronic alterations in health.

**Clinical Objectives**

The student will with beginning competence

1. As a provider of care utilize the nursing process to administer nursing care to one or two adult individuals with common acute and chronic alterations in health related to:
  - A. Surgical conditions
  - B. Fluid and electrolyte balance
  - C. Immune response/protection/hematological functions
  - D. Oxygen and carbon-dioxide exchange
  - E. Cardiovascular status/peripheral vascular status
  - F. Gastrointestinal functions
  - G. Endocrine functions
  - H. Neurological and musculoskeletal functions
  - I. Renal and urinary functions
2. Use human needs as a framework for prioritizing nursing care for adult individuals with common acute and chronic alterations in health
3. Communicate effectively in using the nursing process to provide care.
4. As a manger of care, organize nursing care for one or two adult individuals with common acute and chronic alterations in health
5. As a member within the discipline, practice according to legal, ethical and professional standards when caring for adult individuals with common acute and chronic alterations in health.

#### **SECTION IV: TEXTBOOKS**

##### **REQUIRED:**

All textbooks required in Nur 115, Nur 116, and Nur 117.

Gahart, B. L., & Nazareno, A. R. (2007). *Intravenous medications* (23<sup>rd</sup> ed.). St. Louis: Elsevier.

Ignatavicus, D. & Workman, M. (2006). *Medical-surgical nursing: critical thinking for collaborative care and accompanying Virtual Clinical Excursions*. (5<sup>th</sup> ed.) St. Louis: Elsevier.

Silvestri, L. A. (2006). *Saunders comprehensive review for nclex-rn*. (3rd ed.). Philadelphia : Saunders.

Wywialowski, E. F. (2004) *Managing client care*. (3rd ed.). St. Louis : Mosby.

NUR 135 Course Syllabus

NUR 135 Course Outline

#### **SECTION V: GRADING POLICY FOR COURSE COMPONENTS**

**In order to pass the course, the student's theory unit tests must average 77 before the grades of other assignments are calculated to determine the final course grade.**

Students who make less than 80 on any given unit test will be required to complete remedial assignments, to a specified standard, as determined by the instructor. The student's original test grade will stand and be the one used to calculate the final course grade. Students who make less than 80 on any given unit test will also be required to turn class notes in at each subsequent test time.

It is the student's responsibility to prepare to perform designated skills satisfactorily before doing them in the skills lab and clinical agency. Students are expected to use audio-visual resources and to practice independently before doing motor performances. Appointments can be made for additional practice time with the course instructor or lab facilitator.

Assignments, which are not submitted on time, are unsatisfactory according to the existing policy in the *MCC ADN Program Student Handbook*. All assignments must be completed and turned in by the last day of the class, or the student will receive an "F" for the course.

## **EVALUATION:**

### **1. Classroom Theory:**

- a. Theory unit tests 75%
- b. Theory final exam 10%
- c. Lab tests 3%
- d. Lab written final exam 10%
- e. Weekly quizzes 2%
- f. Written assignments S/U
  1. Careplan cover sheets for each assigned client due weekly
  2. Article reviews (5)
  3. Surgical Experience Report Part 1 and Part 2
  4. Team Leader-Nurse Manager Report
  5. IV Therapy Checksheets (3)
  6. Managing Medications Report
  7. Discharge Planning Report
  8. Respiratory Therapy Report
  9. Journal
  10. ECG check off
  11. Delmar Skills
  12. Study guide questions
  13. Other written assignments TBA by instructor
  14. PD Scenarios

### **2. Clinical S/U**

- a. Satisfactory clinical performance. See *MCC ADN Program Student Handbook* for "Criteria for Grading of Clinical" and "Consequences of Unsatisfactory Clinical Performance".
- b. Clinical will be graded on an S/U basis, and a student must receive an "S" on the Clinical Evaluation Tool in order to pass the course.
- c. An unsatisfactory final clinical grade, regardless of the theory grade, will result in an "F" for NUR 135.
- d. Satisfactory completion of each scheduled clinical day with Daily Anecdotal Instructor Verification sheet completed and signed by instructor.
- e. Satisfactory clinical practice according to stated clinical objectives.
- f. Completion of the following written assignments with a grade of "S" in accordance with established guidelines:
  1. IPR's (2). If first IPR is satisfactory, only one may be required.
  2. Case studies (2). If first case study is satisfactory, only one may be required. Include:
    - a. Data collection guide
    - b. Nursing care plan
    - c. Medication list
    - d. Written article review related to assigned client
    - e. Teaching plan
  3. Surgical Experience Report Part 1 and Part 2
  4. Team Leader-Nurse Manager Report
  5. IV Therapy Checksheets (3)
  6. Managing Medications Report
  7. Discharge Planning Report
  8. Respiratory Therapy Report
  9. Anecdotal Record
  10. Journal
  11. ECG check off
- g. Drug cards for each medication administered to a client.

The student will keep a personal journal and will make an entry for each clinical day. The journal entry for each clinical day is to reflect on feelings, thoughts and actions in order to determine what you would change or do differently, if anything, in relation to your behavior, performance, or care of the client(s). Relevant learning experiences or observations may be included in order to track your progress through school. The instructor will notify students of the dates the journal is due before mid-term and before the end of the course. The instructor will grade the journal "S" or "U". The journal must be completed and submitted to the instructor in order to receive an "S" for clinical.

### 3) **Lab S/U**

- a. Completion of all required return demonstrations with a grade of "S" within one week of the skill being taught or as assigned
- b. If a student makes a "U" on a skills performance check-off, it may be repeated only twice in this course to obtain a grade of "S". Failure to obtain a grade of "S" on the 3<sup>rd</sup> attempt will result in a grade of "U" and failure of NUR 135
- c. Completion of all scheduled labs with a grade of "S"
- d. An average of 77 on lab unit tests in order to obtain an "S" and pass the course.

At the conclusion of this course, students will be required to take standardized achievement tests. These tests must be taken in order to complete course requirements. Students making less than the predetermined scores will be required to complete and pass additional tests and review materials as assigned by instructor.

**SECTION VI: ATTENDANCE:** See *MCC A.D.N. Program Student Handbook*

### **SECTION VII: EXPECTATIONS**

#### **Theory (Classroom)**

Students are expected to be prepared for the content of the classroom and skills labs. Adequate preparation is essential before attending class and skills lab to gain the most from the sessions.

Students are encouraged and expected to contact the classroom, lab and clinical instructors to make an appointment for an individual conference, if at any time they are having difficulty with the course or feel a need for more individualized attention.

Any students in this course who have a documented disability that may prevent them from fully demonstrating their abilities should contact the official disability coordinator, who is the SOAR Director or Coordinator of Counseling Services as soon as possible. The disability coordinator will collaborate with the nursing program dean to discuss what, if any, reasonable accommodations may be necessary to complete the course requirements.

If a student has not been in contact with the instructor and has not attended class, lab, or clinical for a consecutive two-week period, an administrative withdrawal will be submitted by the instructor.

#### **Clinical**

Clinical experiences will be assigned to each student at area health care facilities. Students are expected to adequately prepare for the clinical assignment. Preparation includes developing an initial plan of care based on client diagnosis by preconference time. This assignment is the responsibility of the student once the client assignments are posted.

### **SECTION VIII: TEACHING STRATEGIES**

1. Lecture/discussion
2. Audiovisuals
3. Student presentation
4. Computer simulations/tutorial programs
5. Independent study
6. Clinical experience
7. Clinical conferences
8. Case study/critical thinking exercises
9. Role playing
10. Remediation

### **SECTION IX: LEARNING ENVIRONMENT/ACTIVITIES**

Personal responsibility for learning and student development is fostered throughout NUR 135 by use of independent learning activities. (Examples: computer simulations/tutorials, study questions, viewing audiovisuals, reading of periodicals, etc.).

### **SECTION X: FACULTY**

- 1) Fredel Reighard, RN, MSN  
Course Coordinator
- 2) Cindi Crowder, RN, BSN  
Room #205A, Phone #828-765-7351 ext. 340  
Course and clinical instructor

**Clinical Instructors TBA**