

**ASSOCIATE DEGREE NURSING
PROGRAM**

**NUR 116
NURSING OF OLDER ADULTS**

**COURSE SYLLABUS
2007**

**MAYLAND COMMUNITY COLLEGE
P. O. BOX 547
SPRUCE PINE, NC 28777**

Changes to the entries in this syllabus may be required with the understanding that the student will be fully informed of these changes. Students will be responsible both for notices posted on the ADN Program bulletin board in Rooms 204/205 and for notices of changes given in class, and on LEO.

The student is accountable/responsible for knowledge from previous courses in the curriculum. This course will build on those course materials.

Rev. 7/25/07

NUR 116
NURSING OF OLDER ADULTS

TABLE OF CONTENTS

	<u>PAGE NO.</u>
Section I	Course Description..... 3
Section II	Course Credit Information..... 3
Section III	Course Outcomes..... 3
Section IV	Textbooks..... 4
Section V	Grading Policy..... 4
Section VI	Attendance..... 5
Section VII	Expectations..... 5
Section VIII	Teaching Strategies..... 5
Section IX	Learning Environment/Activities..... 5
Section X	Faculty..... 5
Section XI	Clinical Guide Directions..... 6
Section XII	Nursing Care Plan Instructions..... 32
Section XIII	Clinical Evaluation Tool..... 41
Section XIV	Daily Clinical Profile..... 45
Section XV	Written Assignments and Presentations Directions..... 48
Section XVI	Topics for Research Paper..... 49
Section XVII	Well Older Adult Project.....50
Section XVIII	Data Collection Guides/Tools..... 14 & 56
Section XIX	Course Outline..... 74
Section XX	Lab Outline..... 112
Section XXI	Course Calendar 135

**MAYLAND COMMUNITY COLLEGE
ASSOCIATE DEGREE NURSING
NUR 116: NURSING OF OLDER ADULTS**

SECTION I: COURSE DESCRIPTION

This course provides an opportunity to utilize the provider of care and manager of care roles to meet nursing needs of older adults in a variety of settings. Emphasis is placed on the aging process as it applies to normal developmental changes and alterations in health commonly occurring in the older adult. Upon completion, students should be able to apply the nursing process in caring for the older adult.

SECTION II: COURSE CREDIT AND PLACEMENT INFORMATION

Nursing of the Older Adult is in the fall semester of the first year of the program. The course includes two (2) credit hours of class (32 contact hours), one (1) credit hour of skills lab (48 contact hours), and one (1) credit hour of clinical (48 contact hours).

Prerequisite to Nursing of Older Adults is Admission to the Associate Degree Nursing Program.

Corequisites to Nursing of Older Adults are BIO 165 (Anatomy and Physiology I), ENG 111 (Expository Writing), NUR 115 (Fundamentals of Nursing), and PSY 150 (General Psychology).

SECTION III: COURSE OUTCOMES

Theory Objectives

The student will:

1. Discuss human needs and evidence-based practice as a framework for prioritizing basic nursing care for older adults with common alterations of health.
2. Describe use of the nursing process to administer basic, patient-centered nursing care to older adults with common alterations of health.
3. Describe basic, effective communication techniques, including written expression, verbal and non-verbal expression, and informatics, used with older adults, significant others, and healthcare team members.
4. Discuss components of managing organized, basic nursing care, including quality improvement measures, for one or two older adults with common alterations of health.
5. Describe legal, ethical, and professional standards of basic nursing practice as they pertain to older adults.

Clinical Objectives

The student will:

1. Use human needs and evidence-based practice as a framework for prioritizing basic nursing care for older adults with common alterations of health.
2. As a provider of care, use the nursing process to administer basic, patient-centered nursing care to older adults with common alterations of health.
3. Use basic, effective communication techniques, including written expression, verbal and non-verbal expression, and informatics, with older adults, significant others, and healthcare team members.
4. As a manager of care, organize basic nursing care and quality improvement measures for one or two older adults with common alterations of health.
5. As a member within the discipline, practice according to legal, ethical, and professional standards.

SECTION IV: TEXTBOOKS

REQUIRED:

All textbooks from NUR 115.

Eliopoulos, C. (2005). *Gerontological nursing* (6th ed.). Philadelphia: Lippincott, Williams & Wilkins.

Wywialowski, E. F. (2004) *Managing client care* (3rd ed.) St. Louis: Mosby.

NUR 116 Course Syllabus

NUR 116 Course Outline

SECTION V: GRADING POLICY

In order to pass the course, the student's theory unit tests must average 77, before the grades of other assignments are calculated to determine the final course grade. Students who do not achieve a theory unit test grade average of 77 do not have the option of taking the final exam.

Students who make less than 82 on any given unit test will be required to complete remedial assignments, to a specified standard, as determined by the instructor. The student's original test grade will stand and be the one used to calculate the final course grade.

It is the student's responsibility to prepare to perform designated skills satisfactorily before doing them in the skills lab and clinical agency. Students are expected to use audio-visual resources and to practice independently before doing motor performances. Appointments can be made for additional practice time with the course instructor or lab facilitator.

Assignments, which are not submitted on time, are unsatisfactory according to the existing policy in the *MCC Nursing Program Student Handbook*. All assignments must be completed and turned in by the last day of class, or the student will receive an "F" for the course.

Evaluation

1) Classroom Theory

- | | |
|-------------------------------|------------|
| a. Unit tests | 77% |
| b. Final exam | 10% |
| c. Written assignments: | <u>13%</u> |
| 1. Older adult research paper | 5% |
| 2. Well Older Adult Project | 8% |

2) Lab S/U

- Completion of all scheduled labs with a grade of "S".
- Well Elder and research topic presentation with a grade of "S".

3) Clinical

- Satisfactory clinical performance. See *MCC Nursing Program Student Handbook* for "Criteria for Grading of Clinical" and "Consequences of Unsatisfactory Clinical Performance."
- Clinical will be graded on an S/U basis, and a student must receive an "S" on the clinical evaluation tool in order to pass the course
- An unsatisfactory final clinical grade, regardless of the theory grade, will result in an "F" for NUR 116.
- Completion of each scheduled clinical day.
- Satisfactory clinical practice according to stated clinical objectives

- f. Completion, with a grade of “S”, of all activities listed on “Clinical Guide Directions” p. 6 #1-6.
- 4) At the conclusion of this course, students will be required to take standardized achievement tests. These tests must be taken in order to complete course requirements. Students, making less than the predetermined scores, will be required to complete and pass additional tests and review materials as assigned by instructors.

SECTION VI: ATTENDANCE – See *Nursing Program Student Handbook*.

SECTION VII: EXPECTATIONS

Students are expected to be prepared for the content of the classroom and labs. Adequate preparation is essential before attending class and lab to gain the most from the sessions. Students are also expected to be adequately prepared for clinical assignments.

Students are encouraged and expected to contact the classroom, lab and clinical instructors to make an appointment for an individual conference, if at any time they are having difficulty with the course or feel a need for more individualized attention.

Any students in this course who have a documented disability that may prevent them from fully demonstrating their abilities should contact the official disability coordinator, who is the SOAR Director or Coordinator of Counseling Services as soon as possible. The disability coordinator will collaborate with the nursing program dean to discuss what, if any, reasonable accommodations may be necessary to complete the course requirements.

If a student has not been in contact with the instructor and has not attended class, lab, or clinical for a consecutive two-week period, an administrative withdrawal will be submitted by the instructor.

SECTION VIII: TEACHING STRATEGIES

1. Lecture/discussion/lab
2. Audiovisuals
3. Student presentations
4. Computer simulations/tutorial programs
5. Independent study
6. Clinical experience
7. Clinical conferences
8. Case study/critical thinking exercises
9. SECURE simulations
10. Role playing
11. Remediation

SECTION IX: LEARNING ENVIRONMENT/ACTIVITIES

Personal responsibility for learning and student development is fostered throughout NUR 116 by use of independent learning activities. (Examples: computer simulations/tutorials, study questions, viewing audiovisuals, reading of periodicals, remediation, etc.).

SECTION X: FACULTY

Jill Howell, RN, BSN
Room #205-A, Phone #765-7351 ext. 340

Fredel Reighard, RN, MSN
Room #206, Phone # 765-7351 ext. 262
Course Coordinator