

MAYLAND COMMUNITY COLLEGE

Welcomes You To:

HSE 125

Counseling

3 Credit and 4 Contact Hours

TERM: Summer 2007 (Independent Study)

Course Description: This course covers the major approaches to psychotherapy and counseling, including theory, characteristics, and techniques. Emphasis is placed on facilitation of self-exploration, problem solving, decision making, and personal growth. Upon completion, students should be able to understand various theories of counseling and demonstrate counseling techniques. **Prerequisites: PSY 150**

Instructor Information

Instructor: Misti W. Silver, MSSW
Office Location: PS 2
Telephone Number: 828-765-7351 ext 412
E-mail Address: msilver@mayland.edu
Office Hours: By appointment

Course Information

Course Meets: TBA, Independent Study
Required Text(s): Corey, G. Theory and Practice of Counseling and Psychotherapy, 7th edition, Brooks/Cole, Monterey, Cal. 2001, 7th Edition.
LRC Resources: None
Required supplies: None

Course Objectives/Competencies:

Upon completion of this course students will be able to:

1. Identify and discuss basic issues in counseling and psychotherapy.
2. Identify key concepts, the therapeutic process and techniques and procedures involved in various theories of counseling.
3. Analyze contributions, strengths, limitations and applications of various counseling theories.

Attendance Policy/Tardiness/Make-Up Work:

Students are expected to attend and participate in all class meetings. Two or more unexcused absences may result in a letter grade reduction at semester end. Students are expected to be in class on time and to remain in class until class end. Three late arrivals or early dismissals will equal one unexcused absence. Students are requested to contact the instructor in the event of any absence. Make-up work will not be accepted unless prior arrangements have been made with the instructor. Make-up assignments/exams must be completed at the next class meeting following the absence. In an emergency situation, the instructor may make exceptions to this policy.

Grading Criteria/Tests/Projects:

Please note that ALL of the following requirements for this course MUST be completed in order to pass this course. Failure to complete any of the following requirements will result in a failing grade regardless of performance on other requirements.

Chapter Summaries

Upon completing the reading of each chapter, students will prepare a one-page chapter summary of important chapter material. Details and due dates will be discussed in class.

Paper

Students will prepare a paper comparing and contrasting two counseling theories of their choice. Papers should be between 5-7 pages, typed, double-spaced in Times New Roman or Arial font. Due date is July 31.

Grading Scale

**A = 90-100
B = 80-89
C = 70-79
D = 60-69
F = Below 60**

Academic Standards/Student Expectations/Ethics:

Students will maintain behavior consistent with a good learning environment. Academic dishonesty which includes, but is not limited to, plagiarism, cheating or collaborating on a test, or submitting the academic work of another as one's own, is prohibited and may result in failing the course.

Withdrawal Dates

End of Unconditional Withdrawal	Thursday, June 24
End of Conditional Withdrawal	Tuesday, July 16

Administrative Withdrawal

If a student has not been in contact with the instructor and has not attended class for a consecutive two-week period, an administrative withdrawal will be submitted by the instructor.

ADA statement

Any student requesting special accommodations for this course due to a disability should apply for services through the SOAR Office or the Counseling Center, which will document the disability. A counselor will then help determine which accommodations, if any, the student needs for success in this course.

Course Outline/Weekly Topics

June 4 – 8	Chs 1 & 2: Introduction and The Counselor: Person and Professional
June 11 – 15	Chs 3 & 4: Ethical Issues in Counseling Practice and Psychoanalytic Therapy
June 18 – 22	Chs 5 & 6: Adlerian Therapy and Existential Therapy
June 25 – 29	Chs 7 & 8: Person-Centered Therapy and Gestalt Therapy
July 2 – 6	Summer Break
July 9 – 13	Chs 9 & 10: Behavior Therapy and Cognitive Behavior Therapy
July 16 – 20	Chs 11 & 12: Reality Therapy and Feminist Therapy
July 23 – 27	Chs 13 & 14: Postmodern Approaches and Family Systems Therapy
July 30 – Aug 3	Chs 15 & 16: An Integrative Perspective and Case Illustration